



The Gathered Green

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ZUCCHINI HUMMUS

Thank you to a friend for this recipe, and to chriskresser.com for the picture.

Ingredients

- 1 large zucchini cut into chunks
- ½ cup tahini
- 2 cloves garlic, peeled
- 2 tbsp olive oil
- juice of half a lemon
- 1 tsp cumin
- 1 tsp sea salt
- 1 tsp chili powder





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Method

Steam the zucchini chunks until soft.

Add everything to a food processor, and blend until you get a smooth consistency.

Drizzle with a little more olive oil.

Serve with sliced capsicum, carrot and celery.

Enjoy!

Jane

